FEBRUARY 28 | ISSUE 2, 2025

Tarremah Times

Tarremah Steiner School

Class 8 Bruny Camp

Our highest endeavor must be to develop free human beings who are able of themselves to impart purpose and direction to their lives. The need for imagination, a sense of truth, and a feeling of responsibility—these three forces are the very nerve of education. *Rudolf Steiner*

In this issue:

Class 2 visiting Sea Country 02
P&F Special General Meeting 03
2025 Class Photo Schedule 03
Class 5 Ancient India 03
Class 8 study Renaissance 04

Diary Dates:

Mon 3 – Fri 7 March
Classes 2 & 4 Swimming

Tues 4 – Fri 7 March
Class 9 Living In-between Camp and Farming/Industry Intensive

Wed 5 March
School Tour

Wed 5 March
Parent Craft Group – Hall Foyer

Thurs 6 March
Myths & Mysteries – online talk

Mon 10 March
Public Holiday

Wed 12 March
Class 10 Cake Stall

Wed 12 – Mon 24 March
NAPLAN

Thurs 13 March
Festivals & Celebrations – online talk

Wed 19 – Fri 21 March
Class 6 South Camp

Thurs 20 March
Class 10 Class Photo

"The best surfer out there is the one having the most fun."

"I could not help concluding this man had the most supreme pleasure while he was driven so fast and so smoothly by the sea."
Captain James Cook

Last week saw Class 8 camping on Bruny Island and participating in daily surf lessons as part of their Outdoor education studies. We had ideal conditions at stunning Cloudy Bay and the Neck, and the students all had a great time while improving their surfing skills and ocean confidence.

Apart from refreshing themselves daily in the sea, the students cooked some amazing meals on their portable stoves and explored the spectacular rock cliffs at Mars Bluff.

Many thanks to Brett, Urs and Kali for their help. And to the ever inspiring Jono, Zane and Georgia from CoastRider for the surfing sessions and stoke!

Frank Toman
Outdoor Education Teacher

Class 2 visiting Sea Country

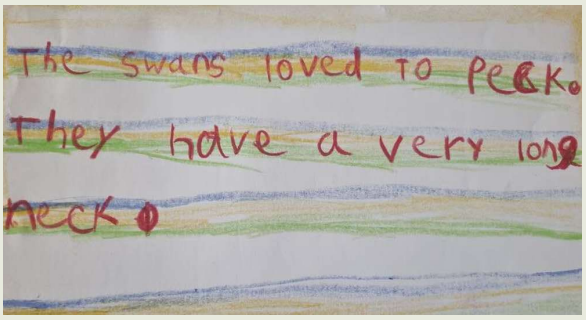
On Wednesday Class Two had an exciting visit to Blackmans Bay beach to experience Sea Country firsthand. Since we started back at school, our main lesson topic has been 'Sea Country'. We have listened to many sea stories, including Tasmanian Aboriginal sea stories, teacher inspired stories with many sea creatures and characters we know from Class One and sea stories from around the world. Sea Country is a great main lesson to help the children transition back to school, as many children will have spent time on Sea Country, visiting beaches and places by the sea in their summer holiday adventures.

This first Class Two main lesson gently readjusts children to the school rhythm and routines and supports the children in getting to know their new classmates. We have reviewed letters and sounds and simple sentence structures and created beautiful pictures, paintings, wax sea creatures and little stories.

The excursion to our local beach was a great adventure to immerse ourselves in Sea Country and connect with it. We walked through the reserve towards Blackmans Bay where the brand-new school bus picked us up (what an adventure...!) At the beach we explored the rock pols and found interesting sea creatures living in them. We looked at colourful cliff and rock formations and even witnessed a seagull feeding their young with a crab.

It was a great day out, where all our learning came to life.

Ina Guedelhoefer
Class 2 Teacher



Parents and Friends Association

Special General Meeting

On 18 March 2025 we are taking the opportunity to update our constitution via a Special General Meeting at 6:30pm in the Honeysuckle Room.

The current constitution of our association is over 25 years old and is largely out of date.

Our proposed updated constitution reflects a number of changes including:

- updated Objectives and Purpose, including our Values and Goals.
- adjustments to voting quotas to reflect the size of our Committee.
- updates for modern monetary means of exchange and communication methods; and
- a number of administrative matters from the model rules, *Associations Incorporation (Model Rules) Regulations 2017*, provided under the *Associations Incorporation Act 1964*.

Whilst the adjustments will bring us in line with modern incorporated constitutions there will unlikely be any practical change in how association members deal with the committee members and association matters.

The updated constitution will be available on request.

2025 Class Photo Schedule

Thursday 20 March

8:45am	Class 10

Tuesday 25 March

8:45am	Class 7
9:15am	Silvereye
9:45am	Class 1
10:15am	Class 8
11:15am	Class 4
11:45am	Class 3
12:15pm	Class 5
1:45pm	Class 6
2:15pm	Class 9

Wednesday 26 March

8:45am	Class 2
9:15am	Fantail
9:45am	Pipit

Sunday 30 March

Sibling/family Photos – must be booked with Alex beforehand

Class 5 Ancient India Main Lesson

Our first Main Lesson has been an exploration of Ancient India through learning about deities, legends and the story of the Buddha. Every morning the students would do a yoga exercise called a Sun Salutation. During PE we had a wonderful guest teacher giving us dance instruction. Then we had a guest musician play the harmonium and teach us Kirtans (meditative chants) and we enjoyed a truly marvellous Indian Banquet on Monday evening. Thank you to all the Class 5 families for cooking such a beautiful array of food.

Yesterday we undertook the forming of a mandala using an array of Indian spices. It was quite an aromatic experience for the students. We will liberate the mandala after showing it at the banquet and at the morning assembly. This will help the students embrace impermanence and practice a lack of attachment, in the spirit of the teachings of Buddha.

I feel it is a great privilege to teach about such a rich culture which really has given so much to humanity.

Namaste!

Katy Egger
Class 5 Teacher

Class 8 have been studying the Renaissance

Amidst the politics and scientific discoveries and global exploration, the Class have been recreating some of Da Vinci's preliminary sketches and experimenting with pigments from items found in the garden!

Brett Tait, Class 8 Guardian

Parents & Friends Committee

ANNUAL GENERAL MEETING 2025

As a parent or carer of a child at Tarremah you are warmly invited to attend the AGM of the Tarremah Steiner School Parents & Friends Association to be held in the **Honeysuckle Room at 6:30pm on Tuesday 18th March 2025**

Our school thrives because of the support and involvement of our families, and we'd love for you to be part of it! We warmly invite you to join our Parents & Friends Committee and become an active part of our wonderful school community.

The P&F plays a vital role in fostering a strong, supportive community, organising events, and facilitating projects that directly benefit our school.

The P&F Committee is a great way to connect with other parents and the broader school community. Your presence and contribution enrich not only the school but also your child's experience – they delight in seeing you nurture and support the place they hold dear.

Whether you have a little time to give or a lot, your involvement makes a meaningful difference. We hold meetings once a month during term time – approximately 8 meetings a year. While we ask that you attend a majority of these meetings we understand that life can get busy, so dialing in is always an option.

How to join the committee

The existing members of the committee warmly welcome new members. Each year the following positions are vacated and are open for nomination:

- Chair
- Secretary
- Treasurer
- 5–7 committee members

The P&F Committee runs as a flat model with all committee members having an equal seat at the table. The above mentioned roles assist the administration of the association. Position descriptions can be found in the office or can be emailed by contacting tarremahpandf@gmail.com

If you are interested in nominating someone or standing for election yourself, please:

1. Put the nomination in writing, stating the name of the nominated person and the position (forms are available in the office).
2. Make sure it is signed by the nominee and the nominator
3. Return the signed nomination by placing it in the blue P&F box in the school office or by email to tarremahpandf@gmail.com by Friday 7th March 2025
3. Attend the Tarremah P&F Association AGM in the **Honeysuckle room at 6:30pm on Tuesday 18th March 2025**.

If you have any questions please ask an existing committee member or email us at tarremahpandf@gmail.com

We strive towards the following principle in conduct of all activities of the Association

"Love is higher than opinion. If people love one another, the most varied opinions can be reconciled – that is one of the most important tasks for humankind today and in the future. That we should learn to live together and understand one another. If this human fellowship is not achieved, all talk of development is empty."

Rudolf Steiner

Communicating with the P&F Committee

If you need to ask a question or have any feedback or suggestions you can communicate with the P&F Committee via email at: tarremahpandf@gmail.com

You can also correspond in writing via the blue box in the office that is checked regularly.

Tarremah P&F Association Vision

To grow and nurture a thriving school community that embodies the core values of Steiner education: a deep appreciation and respect for the natural world, lifelong learning and imagination. We aim to foster meaningful connections and inspire a shared sense of purpose while promoting a culture of compassion, friendship and support.

Values and Goals

Community

To coordinate activities for the social, educational and economic welfare of Tarremah School.

To strengthen connections within Tarremah as well as our surrounding community, promoting inclusion and collaboration. In this spirit we will support local businesses and source local products whenever possible.

Sustainability

To minimise waste of resources in all operational facets of the committee in order to minimise our impact on the environment.

To work in ways that are kind on human resources and reduces key-person dependency.

For demands on individuals' time to be managed with sensitivity to other obligations (family, work etc.)

Joy & Creativity

To foster a creative community where purposeful work is valued and embraced as a means of finding joy.

To provide the children within our community opportunities to witness and experience joyful, creative and meaningful work within our community, instilling in them a sense of purpose and a belief in their ability to contribute positively to the world.

Reverence

To embrace with reverence the natural world in our every day interactions.

To at all times strive to uphold and maintain a deep respect for the educational philosophy and principles of Rudolf Steiner by maintaining close cooperation with the College of Teachers and the body legally responsible for Tarremah.

Communication

To communicate openly and invite participation from across the school community to contribute towards community building.

To document and share procedural and operational information in order to aid future committees and organisers.

To, whenever possible, strive towards consensus in decision making concerning the affairs of the Association.

Fundraising

To raise funds to enable the committee to achieve the goals defined above.

Spring Fair 2025

EXPRESSION OF INTEREST

This year, we are excited to re-imagine the way our fair is created by returning to a **Spring Fair Working Group** model, where the entire community is invited to participate in bringing this cherished event to life.

The Spring Fair Working Group will operate as a sub-committee of the Parents and Friends Association, taking responsibility for coordinating fair activities.

Do you have an activity you've loved being part of in the past? Or perhaps a skill or passion you'd like to share with the community? This is your chance to sign up to coordinate an activity that sparks your joy and share that joy with like-minded community members and new friends. Interested individuals will coordinate their chosen activity and work with class parents to fill the roster for fair day.

We're asking community members to self-nominate to help coordinate the following:

- **Treasury**
- **Flower Arch**
- **Lemonade**
- **Outdoor children's activities**
- **Children's tent/Craft**
- **BBQ**
- **Children's craft activity**
- **Tarremah coffee and cake stall**
- **Plant stall**
- **Apple grove**
- **Treasure trove**
- **Ice cream stand (with class 10 helpers)**
- **Signage**

To indicate your interest please either email us at tarremahpandf@gmail.com, let a member of the P&F Committee know that you'd like to get involved or circle your chosen activity above and return this form to the blue box in the office with your details filled out below.
Please get in touch before the end of term one. We will contact you early in term two with more information.

Name _____ email _____

Myths and Mysteries

The human story as a context of meaning for life

With Bernadette White

In our time, young people are increasingly experiencing a loss of meaning in their lives. In this series of online presentations, Bernadette White will look at the temple wisdom, art, and mythologies of ancient and medieval cultures to unfold the hidden currents of history and in particular the role of the ancient Mysteries. We will explore how new spiritual impulses entered the stream of human evolution and how, through these Mystery teachings, the future has been prepared.

Having worked as a class teacher, teacher educator, story-teller, and student of history, Bernadette will show how this unfolding of the human story can give a context of meaning within which we can find direction and hope for our lives. Particular examples will be given from the Steiner school main lessons devoted to ancient mythologies and histories. **We begin with Ancient India and Persia and continue through 2025 with Ancient Egypt, Ancient Greece, Ancient Rome, the Middle Ages and beyond.**

Session 1

Ancient Mystery Wisdom, Ancient India and Persia

Thursday March 6, 7.30pm on Zoom

Bookings: https://events.humanitix.com/myths-and-mysteries-schools/

The Wisdom of Consciously Creating Soul Strengthening Festivals & Celebrations in Family Life through the cycle of the year

A talk by **Ebba Bodame**

Universal aspects of festivals at home

- ✦ Festivals contribute to growing healthy family culture
- ✦ Festivals gather us & deepen our connection with each other
- ✦ Celebrating birthdays well, helps the child enter the next year with courage & strength

Beginning with Harvest & Easter, we can journey through the year gathering the treasures of each seasonal festival.

Ebba will look at the spiritual aspects of each festival & practical ideas for preparation & celebration

Ebba Bodame has decades of experience in Rudolf Steiner early childhood education. Her talks, workshops, Playgroups and training sessions have inspired generations of parents towards healthy and creative child raising practices that are positive for children and deeply fulfilling for adults.

7.30pm AEDT, Thursday March 13 on Zoom

Booking: https://events.humanitix.com/festivals-and-celebrations-schools/tickets

STEINER
Parent Education Initiative

Boundaries Around Screens

Making room in our homes for connection and relaxation

With Simplicity Parenting Coach, Mary Heard

This workshop will look at how we can make positive choices around technology in our homes as so many precious family activities are being threatened by the commercialisation of childhood.
We will look at creating a family culture of the things that are fun and relaxing for everyone (including parents) - the 'golden moments' of family life.
The workshop will cover how to maintain connection with nature, connection with friends, connection with family and connection with self in the developmental years of childhood.
The intention of the workshop is to help parents find a well balanced family life where children grow up with vital life skills such as good communication, creativity, responsibility and purpose.
Mary has been coaching families in Simplicity Parenting since 2015 and her 2 young adult children are Steiner graduates.

Thursday March 20, 7.30pm AEDT on Zoom

Booking:https://events.humanitix.com/boundaries-around-screens-schools/tickets