FEBRUARY 14 | ISSUE 1, 2025

Tarremah Times

Tarremah Steiner School

Class 9 Journey Camp

> Our highest endeavor must be to develop free human beings who are able of themselves to impart purpose and direction to their lives. The need for imagination, a sense of truth, and a feeling of responsibility—these three forces are the very nerve of education. *Rudolf Steiner*

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Diary Dates:

Tues 18 February
Class 6 Parent Meeting

Wed 19 – Fri 21 February
Class 7 Ropes Camp

Thurs 20 February
Class 4 Parent Meeting

Mon 24 – Fri 28 February
Classes 3 & 5 Swimming

Tues 25 – Fri 28 February
Class 9 Living In-between Camp and Farming/Industry Intensive

Wed 26 February
Class 2 Parent Meeting

Thurs 27 February
Steiner Education – online talk

Mon 3 – Fri 7 March
Classes 2 & 4 Swimming

Tues 4 – Fri 7 March
Class 9 Living In-between Camp and Farming/Industry Intensive

Thurs 6 March
Myths & Mysteries – online talk

Welcome to 2025

We hope that your family has enjoyed the first week of the 2025 School Year. It was such a pleasure to welcome your children back to school last Tuesday. There were so many interesting holiday stories excitedly shared throughout the classrooms

The beginning of the new year is such a special time. For some students and families this could be quite daunting, possibly starting at a new school, looking to find new friends and wondering about the community. For all children and families, it is a time full of possibilities. Students will be looking forward to elements of the curriculum that they are aware are to come, whilst others might be looking to turn over a new page, possibly presenting themselves differently or determined to engage in a new activity. We recognise the importance of creating that space, particularly for children, to let go of yesterday and come anew, every day a fresh start, a clean slate upon which to write their story.

Over the summer your children's teachers have been preparing for the year ahead, working with colleagues to explore the curriculum of a new year level, a different part of the curriculum, or the learning profiles of a new group of students. This year our staff's preparation included spending a day in the foothills of Kunanyi engaged in team building and personal development at the Fusion Rope course. This was an excellent opportunity for staff to support one another through challenges, often expanding comfort zones with the confidence we had the support of colleagues. This activity reflected our work and commitment to guiding students, slowing widening their experience, helping develop confidence and resilience.

Teachers and classroom support staff have also spent time preparing themselves personally to care for the students in their classes. Again, recognising that we provide the best support when we come to the classroom prepared and focused on our work with the children, free of what is happening in another realm.

We would like to thank you for preparing your children for the new school year, and for being ready to engage with your children's teachers working together to be that community that supports their academic, physical, social and emotional development. Thank you for attending the Class Meetings that have already been held, this is such an important part of building and maintaining the community that guides and supports your children.

Matt Bale
School Chair
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Class 9 starts the year with a Journey Camp

As a welcome to the Upper School, Class 9 embarked on a 4-day journey over the mountain and back down the Derwent River to school by foot and by kayak.

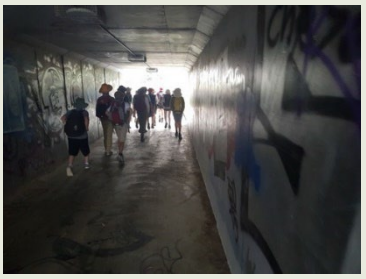
There were many highlights! Some of these included picking blackberries as we walked, camping at the Springs on the mountain, the challenges of the Ropes Course, the welcome swim at Taroona after many, many steps, the paddle along the Alum cliffs in sea kayaks, and welcoming new students Arley and Marley!

Walking and kayaking allowed the students to more fully connect with their local environment as we circumnavigated the familiar skyline that we live beneath. It showed that there is so much to explore in our own backyards.

There were many people to thank along the way. Dave and Michael for challenging us and keeping us safe on the ropes course. Mischa and Beano for guiding us in kayaks. Simon for again welcoming us to the Taroona Scout Hut. Urs and Qug for showing how to be enthusiastic, inspiring and humble all at the same time.

We are now looking forward to a rewarding year in the upper school, with many adventurous camps as much anticipated highlights.

Frank Toman
Outdoor Education Teacher



The Tarremah Library is open to all members of the school community. No joining fee for current students and family members required.

The Library has a wide range of resources, along with a Parent Collection, including many books to inform and support parents during their children's life journey.
There is a Library website where you can access the catalogue, reading recommendations and online resources.

The school community is welcome to visit the Library between 8:30am - 3:30pm - closed Wednesday.

Please explore the Library website and catalogue to discover your next read!
https://library.tarremah.tas.edu.au/

Parents and Friends Association

Committee Meeting Agenda

18 February 2025, 7pm in the Honeysuckle Room,

1. Welcome and acknowledgement of country
2. Confirmation of previous minutes
3. Report from school exec
4. Update on previous actions
5. Treasury report
6. AGM
7. Special Committee meeting and constitution
8. Other business
9. Confirmation of next meeting
10. Close

2025 Term Dates

Term 1:
Tuesday 4 February to Friday 11 April
Easter: Within the Term 1 holidays

Term 2:
Tuesday 29 April to Friday 27 June
Student Free Day: Monday 28 April

Term 3:
Tuesday 22 July to Friday 26 September
Student Free Day: Monday 21 July
Student Free Day: Monday 18 August

Term 4:
Tuesday 14 October to Thursday 11 December
Student Free Day: Monday 13 October
School Holiday: Friday 24 October
Student Free Day: Monday 3 November

Tarremah Parents Social Futsal

The Tarremah Parents Social Futsal Group will continue again this year.

We play a regular game in the hall most Thursday nights from 6:30pm in the Hall.

Our aim is to be fun, social, provide a bit of exercise and importantly it is a way to bring different Tarremah parents together.

If you are interested, please send Craig a message at craigtipping07@gmail.com.

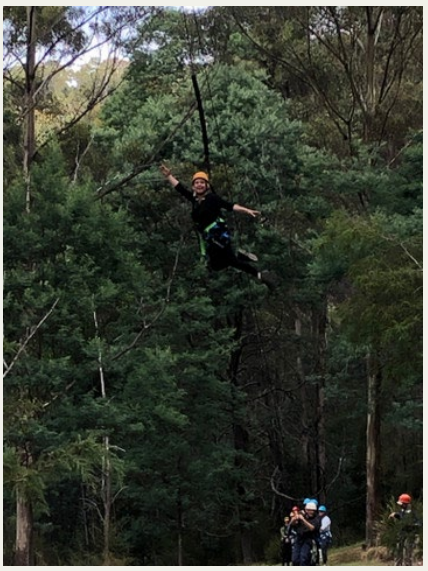
The Swift ~~Pirates~~ Parrots

Some fun at the Wooden Boat Festival.

On the weekend, a small group of students from Class Seven and Nine participated in the 'Quick and Dirty' challenge.

Flynn, Merlin, Thomas and Matilda spent three hours whipping up a boat, decorating it as a Swift Parrot, and then finally racing it on Monday. After much fun and focus, and with a lot of support from many of the Tarremah Community, the Swift Parrots kept the Tarremah winning streak and finished first. Their boat is now on display outside of the hall foyer!

Staff enjoying the challenges at the Fusion Ropes Camp



Painting with Mel
at Tarremah

Extra Painting Lessons are now available at Tarremah for students from Classes 1 - 10.

How can Extra Painting Lessons help my child?

The Arts offer a gentle, holistic and child-centred approach to wellbeing that can be tailored to the unique needs of each student.

Extra Painting Lessons provide an opportunity for children and young people to share and integrate their experiences in safe and creative ways that support the development of healthy wellbeing, nervous system regulation, sensory processing, creative self-expression and artistry.

Modalities include painting, charcoal and pastel.

Arts at Tarremah are guided by the philosophy of Rudolf Steiner and seek to nurture the unique spirit of each student.

Please speak with your Class Teacher for more information.

Melanie Field MTAP AThR

Mel is a registered Therapeutic Arts Practitioner and professional member of ANZACATA, experienced in working therapeutically with children and young people across community service, private practice and education settings.

Steiner Education

The First 100 years & its Crucial Role into the Future

A talk by Andrew Hill

There are many misconceptions about Steiner education, which should not be surprising given that historically, pioneers of new forms of consciousness are usually misunderstood until the rest of the world catches up. This presentation will address some of the more common misconceptions, and show how Rudolf Steiner actually pioneered many of the key defining characteristics of mainstream 21st century education. While he had to use language that was addressed to Europeans at the start of the 20th century, his message was for the whole world 100 years later ie for the 21st century. As Steiner schools grow to be a worldwide movement on every continent, we see Steiner's vision of education blossoming into a force that will support and sustain our humanity both now and into the future.

This presentation also serves as an introduction to Steiner education for parents and teachers who are new to a Steiner school.

Andrew Hill has been a long term teacher in Steiner schools and was Head of School at Glenaeon Rudolf Steiner School for 14 years. He is a regular presenter on Steiner education at schools and conferences in Australia and internationally, and has been involved for many years in Steiner teacher training in schools in Australia and South East Asia. He is now Chief Executive Officer of Steiner Education Australia.

Thursday February 27, 7.30pm on Zoom

Booking: https://events.humanitix.com/steiner-education-schools/tickets

Myths and Mysteries

The human story as a context of meaning for life

With Bernadette White

In our time, young people are increasingly experiencing a loss of meaning in their lives. In this series of online presentations, Bernadette White will look at the temple wisdom, art, and mythologies of ancient and medieval cultures to unfold the hidden currents of history and in particular the role of the ancient Mysteries. We will explore how new spiritual impulses entered the stream of human evolution and how, through these Mystery teachings, the future has been prepared.

Having worked as a class teacher, teacher educator, story-teller, and student of history, Bernadette will show how this unfolding of the human story can give a context of meaning within which we can find direction and hope for our lives. Particular examples will be given from the Steiner school main lessons devoted to ancient mythologies and histories. **We begin with Ancient India and Persia and continue through 2025 with Ancient Egypt, Ancient Greece, Ancient Rome, the Middle Ages and beyond.**

Session 1

Ancient Mystery Wisdom, Ancient India and Persia

Thursday March 6, 7.30pm on Zoom

Bookings: https://events.humanitix.com/myths-and-mysteries-schools/

The Wisdom of Consciously Creating Soul Strengthening Festivals & Celebrations in Family Life through the cycle of the year

A talk by **Ebba Bodame**

Universal aspects of festivals at home

- ✦ Festivals contribute to growing healthy family culture
- ✦ Festivals gather us & deepen our connection with each other
- ✦ Celebrating birthdays well, helps the child enter the next year with courage & strength

Beginning with Harvest & Easter, we can journey through the year gathering the treasures of each seasonal festival.

Ebba will look at the spiritual aspects of each festival & practical ideas for preparation & celebration

Ebba Bodame has decades of experience in Rudolf Steiner early childhood education. Her talks, workshops, Playgroups and training sessions have inspired generations of parents towards healthy and creative child raising practices that are positive for children and deeply fulfilling for adults.

7.30pm AEDT, Thursday March 13 on Zoom

Booking: https://events.humanitix.com/festivals-and-celebrations-schools/tickets

STEINER
Parent Education Initiative

Boundaries Around Screens

Making room in our homes for connection and relaxation

With Simplicity Parenting Coach, Mary Heard

This workshop will look at how we can make positive choices around technology in our homes as so many precious family activities are being threatened by the commercialisation of childhood.
We will look at creating a family culture of the things that are fun and relaxing for everyone (including parents) - the 'golden moments' of family life.
The workshop will cover how to maintain connection with nature, connection with friends, connection with family and connection with self in the developmental years of childhood.
The intention of the workshop is to help parents find a well balanced family life where children grow up with vital life skills such as good communication, creativity, responsibility and purpose.
Mary has been coaching families in Simplicity Parenting since 2015 and her 2 young adult children are Steiner graduates.

Thursday March 20, 7.30pm AEDT on Zoom

Booking:https://events.humanitix.com/boundaries-around-screens-schools/tickets