



# tarremah times

Issue Number 1 | Thursday 16 February 2017

## Welcome Back to the 2017 School Year!

It is always a joy to see our children gathering around the school grounds on that first morning of the year where we observe both anxiety and anticipation in that moment of initial encounter. We experience a mysterious confluence of the familiar and the fresh when we meet an old friend or acquaintance we haven't seen for a while. There is recognition of the person we knew and yet, there is that in each other, which we haven't encountered before, which is new.

Heraclitus once said, "I step into the same river and I do not step into the same river, I am and I am not." There is that which is impermanent, protean in our being, which doesn't allow for complacency in our estimation of what each of us might become - or what each has become without our noticing!

In becoming aware of the renewal, rejuvenation and growth in one another over the Summer, there is a sense of wonder at the ever-burgeoning life in the world. However, if we are not stable in our own sense of self, we can sometimes feel threatened by this and try to coerce our classmates to just go back to being the way they were. This, usually deeply unconscious motive, can manifest in harsh comments or an uncharacteristic lack of charity or cold shoulder treatment etc. A part of our responsibility to one another as a community is to mutually support the best in one another, that which we are, not to reduce another to that which we want of them.

Two exhortations Steiner directed to teachers can profitably be adopted by all of us to help in cultivating the fresh and the new in one another and to endorse the development of our innate potential for growth through a readiness to learn, to remain a beginner.

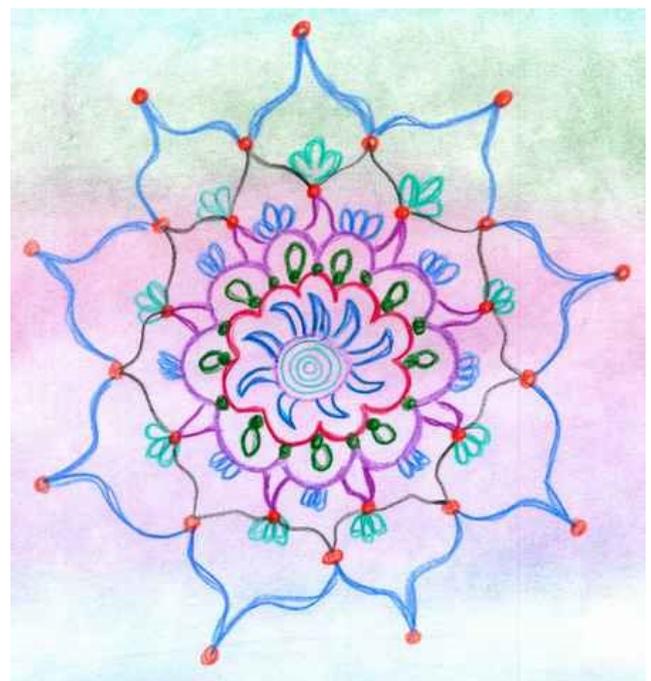
"Openness, a readiness to receive new wisdom daily, a disposition which can subdue past knowledge to a latent

feeling which leaves the mind clear for what is new... only when one views human nature afresh like this, without prejudice from the past, is it possible to apprehend growth and development in human beings... And it is this open heart for the changes in life, for its unexpected and continuous freshness, which must form the essential mood and nature of a Waldorf teacher."

"Whenever you undertake a new activity, you must have the courage to bear being clumsy and awkward to begin with. People who cannot endure being clumsy and doing things imperfectly at first, are never able to do them perfectly in the end out of themselves."

May 2017 be a year of healthy growth and learning for all of us!

Rod Tomlinson



Ariela, Class 5

## Diary Dates

Thursday 16 February	6:00pm	Secondary Parent Teacher Guardian Evening	
Wednesday 22 February	7:30pm	The Evolution of Consciousness as Expressed in Western Art	Music Room
Saturday 25 February	10:00am-4:00pm	Whole School Working Bee	
Wednesday 1 March	9:30am	School Tour	
Wednesday 1 March	9:00am-11:00am	Heartwarmers Café	Hall Foyer
Wednesday 1 March	7:30pm	Why Eurythmy?	Music Room
Thursday 2 March	6:30pm	P&F Meeting	Honeysuckle Room
Wednesday 8 March	7:30pm	Our Changing View of the Sky	Music Room
Monday 13 March		Public Holiday	
Monday 13 March		Photo Orders Due	



Class 9 enjoying their Journey Camp



Hobart Living Library

## Class 9 kicks off the year with a Journey Camp!

As a welcome to the Upper School, Class 9 embarked on a 5 day journey over the mountain to the city and back down the Derwent river to school by foot and by kayak.

Highlights included camping at the Springs on the mountain, the challenges of the Ropes Course (where students worked together to overcome curly problems and then jumped from the top of a tall tree to a swinging trapeze), and the paddle along the Alum cliffs in sea kayaks.

Walking and kayaking allowed the students to more fully connect with their local environment as we circumnavigated the familiar skyline that we live beneath. It showed that there is so much to explore in our own backyards.

Thanks to Gordon who helped along the way. And also thanks to our Class 10 comrades for the 'welcome home' icy treat!

We are now looking forward to a rewarding year in the upper school, with many adventurous camps as much anticipated highlights.

## Hobart Living Library Visit to Classes 9 and 10

In week one, to facilitate further discussion in our older students (classes 9 and 10) with regard to tolerance in our community and unpacking stereotypes, Hobart Living Library (with support from "A Fairer World") ran workshops with 6 "living books"- that is 6 people - telling their stories and the challenges that they face. The "books" included acquired brain injury, domestic violence, a dwarf, the gay community and a wheel-chair disabled speaker.

Such workshops help break down barriers and stigma associated with a number of minority groups in our community and encourage our older students not to make assumptions and to listen to people's stories.

A big thank you to Olivia, the "Librarians" and the 6 "Living Books" who gave up their time and were willing to share their personal, and sometimes confronting, stories.

John Correy

## News from the Horticulture Garden

All the classes have now had at least one Horticulture lesson and have enjoyed their time working on the beginning of the plan to establish the main garden into separate class areas. Their first task; laying the pavers, has been very much enjoyed. Working out the practical task of tessellating interlocking pavers into curves over an uneven surface has been a challenge and a success.

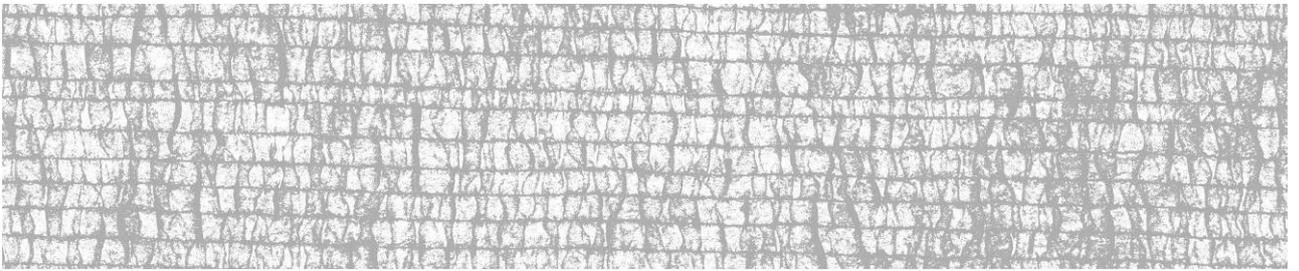
During the Summer holiday I took the step to commence the preparation of the garden sections by lifting the plants we could re-plant, harvesting the garlic and some seed, protecting the strawberries and raspberries and ploughing in the remnants of last season's plants to prepare the soil for an intensive Summer/Autumn composting. Thanks to Jeremie in class 7 for helping out! It looks a little bleak at the moment, however, it won't be long before there are green beds and healthy well-structured soil below.

Now each of the classes will have their own section, and communal areas to maintain. Their first task has been to lay the pavers for the main paths; while concurrently preparing the beds into lands and furrows; they will soon sow a green manure crop. Some of the Primary classes are also sowing seeds for later planting for an Autumn / Winter crop. It has been so wonderful working with their enthusiasm. The garden feels it too.

Healthy soil is the foundation of a good strong garden so building compost heaps will be the next project for all the groups which, in April/May, we will dig into the garden with the green manure. We are looking for donations of manure; already one wonderful parent is offering a trailer load! Many thanks in advance. My trailer is available to borrow if there are any others who have a manure machine; we can use as much as you can supply.

Many thanks and warm regards, Michael





## Welcome to New Students 2017

On behalf of the Tarremah community, it is with great pleasure that we welcome all our new students and their families to the school. A very warm welcome to:

Hanno, Theo, Grace, Eleni, Luka, Tully, Elijah, Pippin, Charlie, Izzie, Poppy, Lochlin, Thomas and Archer joining us in **Little Kinder**; Jade, Arabella, Frances, Sebastian and Matilda in **Kinder**; Oscar, Arthur, Nina, Eilis, Myrtle, Jake and Remy in **Prep**; Lily and Lotte in **Class 1**; Griffin and Bijou in **Class 2**; Luiz, Pasqual, Patrick and Ty in **Class 5**; Ruby in **Class 6**; Indie in **Class 7**; Alain, Jake and Charles in **Class 9**; and Nina in **Class 10**. And to our six exchange students from Germany who are joining us for Term 1 in Class 10; Theresa, Catherine, Isabel, Linus, Benito and Leoni. We trust that you quickly feel at home amongst us.

Rod Tomlinson and John Correy



## Music Department Update

There are two new exciting initiatives that have started this year in the Music Department.

All students and Guardians in classes 6-10 have had their first *Secondary Choir* rehearsal in the Hall, which was filled with two part harmony, clicking fingers and bobbing heads as we began undertaking the Chorus in an arrangement of Michael Jackson's *'Man in the Mirror'* under the direction of Gina Rose.

Selected students in the Middle and Upper School have also begun their first instrumental rehearsals in two brand *new* initiatives: *The Upper School Performance Ensemble*, and *The Middle School Performance Ensemble*. These are run by Gina with tuneful assistance from our String Teacher Emily Wolfe, and have been a great success so far, with students leaving the sessions inspired for more.

*The Rivulets Ukulele Ensemble* has also commenced its second year as an ensemble under the direction of Bruce with assistance from Gina.

It's been great to hear so much humming, strumming and singing around the school between classes.

Looking forward to a rich music program this year, and these new boosts to the musical culture of the School.

Happy Music Making,  
Gina Rose  
Music Coordinator

## Fleece Request

The School craft room is seeking donations of raw fleece for our class projects. If anyone has a source of fleece or just has some sitting around we will gladly use it.

Please contact Kaara ([ktilasmi@tarremah.tas.edu.au](mailto:ktilasmi@tarremah.tas.edu.au)). Many thanks.

## Tarremah is an Allergen Aware School

As you know, there are some students in our school community with allergies and we wish to thank you for your ongoing support in minimising nuts and other allergens into certain classrooms and areas around the school.

While we have a number of children who are allergic to nuts, some other food stuffs (including fish, eggs and kiwi fruit!) and insect bites their responses differ. For instance in relation to food, for some children, any contact with nuts even indirectly, such as peanut oil residue on a BBQ plate or mixing bowl, may result in an allergic reaction for the child. This reaction can be life threatening resulting in anaphylaxis which is a sudden, severe allergic reaction that requires immediate treatment with an EpiPen. At present Pipit and Class 2 has children who have extreme nut allergies.

For your information, statistically, Australia has a relatively high prevalence of peanut allergy. Almost 3 in every 100 children have a peanut allergy. Around 20 percent of children grow out of their peanut allergy. Those children who have had more severe reactions including breathing problems are much less likely to outgrow their peanut allergy than children who have experienced milder reactions. Sometimes, peanut allergies do not appear until later in life. Peanuts (ground nuts) are a legume and therefore from a different botanical family to tree nuts. Sometimes peanuts will be stored near tree nuts, or processed in the production line with tree nuts, so cross contamination is a reality. If a child has a peanut allergy medical advice is that it is safer to avoid all nut products, at least in the earlier years of schooling. This may also include sesame seeds and almonds.

Furthermore, we ask that this awareness is also in parents' minds at the various school functions where the sharing of food is a possibility.

Once again, thank you for your support in this matter. If you require any other advice pertaining to your child's class please see the teacher concerned.

John Correy  
For the School Executive



## Parents and Friends

Welcome back to Tarremah, and a big HUG and smiles to all the new families who have joined our school community

WE have some exciting NEW events coming up this year. Stay posted for more details!!



**THURSDAYS** are a lunchtime Tuck shop day! Yummy homemade margarita pizza's \$4 or \$2 for half a piece. (GF and vegan options)

100% fruit slushies only \$1

Our first week was very busy! The apple, watermelon and strawberry slushies were a real hit.

The pizzas were very popular, they are the small size wholemeal bases that can be bought from Breadd, and the toppings are fresh basil, tomato, and a tomato paste with fresh garlic and oregano, and sprinkled with mozzarella and tasty cheese.

We are a no waste tuck shop. All pizzas are served on serviettes, and the slushies were served in cups with spoons, which the students rinse and put on the dishwashing trays.

Anything leftover can be frozen and reheated the following week, or re blended for new slushies!

Only available for Classes 1-10, teachers and admin staff.

## Welcome BBQ

What a great turn out! The weather was beautiful, the snags and tofu were served in abundance, mixed age soccer looked like a bit of fun on the oval, the colourful picnic blankets were out under the shady trees, the melody of guitars wafted over the playground, laughter and smiles were in abundance, and many deep and meaningful conversations were had whilst the children played close by. A big thanks to Janine Maney and Catherine Silcock for organising a wonderful community event, and the volunteers who helped along the way to make it happen.

## P&F meetings

**Next meeting will be Thursday 2 March at 6.30pm in the Honeysuckle Room**

Our meetings for 2017 have changed to a Thursday night at 6:30pm in the Honeysuckle Room. We always welcome new members, so feel free to come along and join us.

We would like to say a BIG thankyou and goodbye to Sharee McCammon, who has been on the P&F for 18 years! Sharee no longer has children at the school, but will still play a huge part in the 'Tarremah Grower' community, who hold the plant stall at the Spring Fair each year.

*"I feel deeply blessed to have been part of this P&F, school and community through all the years that made my babies into men, now 18 and 21. All in my family are better people for having been part of Tarremah."* Sharee McCammon.

## Whole School Working Bee

**Saturday 25 February 10:00am-4:00pm.**

Come for the morning, the arvo or the whole day!

Free yummy lunch provided for all the workers, big and small, with GF and V options available.

Keep this date free, with more details to be emailed soon.

Please contact: Amanda 0437 211 389.

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## Publishing details

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