Publishing Details

The tarremah grapevine is published monthly by the Tarremah Steiner School Parents and Friends Committee.

Advertising is accepted from Tarremah students, parents and staff only, with the exception of Anthroposophical and Steiner specific events or items.

Advertisements must be received by the 14th of each month for inclusion.

email your notice to
tarremahgrapevine@gmail.com

Payment per advert for private advertising is by gold coin donation or $5 per month for business. Payments can be placed in the blue P&F box near the school reception desk or by direct bank deposit to:

Account Name: Tarremah School P&F
BSB number: 807-009
Account number: 5115 8966

Please label all payments clearly with your name and reference to the grapevine.

For any information about the tarremah grapevine or payments please email the grapevine team.
tarremahgrapevine@gmail.com

We reserve the right to refuse any advertising that does not align with the policies or philosophies of the school or that is considered inappropriate.

P&F News

A BIG THANKYOU

To everyone who supplied cakes and biscuits for Grandparents and Special Friends Day on the 1st September.

It was a wonderful morning, with about 80 families and friends attending the class tour, a fantastic music concert and some delightful cakes for morning tea.

Plates and containers are available in Hall foyer for collection.

Student Stage

Come all ye students from grades 3 to 10 who wish to perform on the student stage this year at the fair.

We welcome all singers, musicians, magicians, poets, soloists, duos or groups.

We would love to have you perform and there is plenty of time to develop a new act or simply brush up on an old one.

The programme will fill up fast so if you are interested please contact me as soon as possible on jackiemcdonald@westnet.com.au and let me know your name, your grade and your act.

If you have a circus, acrobatic or dance act please contact Russell; russellmdobie@gmail.com
Heart Warmers Café
9:00 – 11:00am
First Wednesday of each month during term

Please join us in the Hall Foyer for complimentary cups of tea, coffee, herbal tea, and delicious homemade cakes and a chat.

Everyone is welcome
Simple toy corner for children

WHOLE SCHOOL WORKING BEE
Saturday 15th October from 10:00 – 3:00
Come along and help beautify the School for the upcoming Spring Fair
Catch up with friends, enjoy a chat whilst working
Children welcome but must be supervised at all times
Many jobs big and small
Yummy FREE lunch provided by the P&F
More details soon

HOT SOUP every THURSDAY Lunchtime
Soup/wholemeal roll only $4 or soup for $3

All soup gluten and dairy free, vegetarian, and gluten free bread available.

We have expanded our soup choices, and now have potato and leek pumpkin is definitely a favourite!

This is a fundraiser for the P&F this term. If you have excess vegies in your garden, please drop off to the Honeysuckle room on Tuesdays, so we can incorporate them into healthy, warming soups for our children and teachers.
Please put in your diary and remind friends and family to come along and enjoy our wonderful annual Spring Fair.

The Tarremah Spring Fair Raffle has begun
Tickets were printed and available at Grandparent and Special Friends Day, which was a great start. Raffle tickets are available in the School office. Check out the great prizes below:

1st prize Flights for 2 adults over the South West World Heritage area with Par Avion - Worth $800

2nd prize Sculpted wooden bowl by Marcus Tatton - Worth $650

3rd prize Pennicott Wilderness Journey on Bruny Island - Worth $270

4th prize 2 x screen printed cushions by Till Design - Worth $150

5th prize Selection of beautiful Steiner products from Lyrebird - Worth $150

6th prize 90 min sacred body work session by Alice Parker - Worth $150

7th prize $100 voucher for Keshet clothing, colourful and Tasmanian designed

8th prize Handmade Steiner Doll by Rosie Barry

Help
We would love some help washing the colourful muslin cloths, so they are clean and crease free for the Spring Fair decorations...(no need to iron, just wash and fold when dry), if you are able please let Amanda know, and you can take a bundle home to wash in this warm Spring weather.

Second Hand Clothes and Treasure Trove
Start saving second hand clothes, good quality toys and books for our BIG treasure trove at the Fair. Thanks to Lisa Charleston and Brenda Goddard for holding this space this year.

Children's Tent
Small simple craft needed for Children's tent this year. Audrey from Class 1 has all the materials and ideas. We need 500 small items for the pocket lady and children's tent, and are only half way there. Please call Audrey on 0455 483 074 for materials or make your own at home and give to Audrey.

Enquiries
tarremahpandf@gmail.com or call Amanda on 0437 211 389
**Tarremah Growers**

We are committed lovers of cake who also dabble in potting up plants and sowing seeds for the plant stall at the school fair. You (and your children) are most welcome to join our regular propagation days in various gardens - no experience needed.

Sunday 2 October - Sowing peas, beans, etc. @ Catherine’s

**START GATHERING AND STOCKPILING CARDBOARD BOXES...WE NEED HEAPS!**

Email Sharee.McCammon@utas.edu.au or Catherine.Silcock@gmail.com for details and addresses

Everyone welcome

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**Parents and Friends Meetings**

Tuesday 11 October

5:45 pm for prompt 6:00 pm start

Honeysuckle Room

We always welcome new members

Our meetings are on Tuesday nights at 6pm once a month

We meet in the Honey Suckle room, and always have chocolate, lots of laughs and a variety of hot drinks!

Please email us if you would like to come along: tarremahpandf@gmail.com

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**Treasure Trove at the Spring Fair**

Good news for all you pirates, princesses and treasure seekers!

The White Elephant is returning to the Spring Fair this year. However, it has been renamed The Treasure Trove.

As the name suggests this will be a place of treasure, note there is no "trash" in the heading. It can only happen with the generous donation of good quality stuff from you. So look closely around your home, garden, and sheds for unused toys, games, books, puzzles, and general household goodies.

You can either store them at home and bring them on the day before the Fair during setup, or, to the shipping container at the school during 4th term. The key is in the office.

Happy hunting and decluttering!

If you would like to help with setup or helping on the day of the fair, please contact Brenda 0457188 975

Strong people required especially at beginning of setup Saturday and at the end of Fair to help with heavy boxes.

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**Childcarer / Babysitter Ready and Willing**

I am a Year 10 Tarremah student who enjoys caring for and playing with children of all ages.

My rate is $10/hour for the first hour, but may be less for subsequent hours, such as when children are sleeping.

You do not need to drive me to or from your place, as I can get there myself.

I can be contacted on **0449 853 839**

Ellie Williams
OPTIMIST DINGHY

“The Flash” - AUS1499

2013 Build – Excellent Condition
Perfect for beginner sailors from 8+ years
Only sailed (and stored) at Kingston Beach Sailing Club

$1800 – includes all parts and trolley

Contact Mark Rickards 0403 565 782 or mark.rickards@iinet.net.au
**Workshops**

**Eurythmia and Astronomia**

Term 2 Modules (11th Oct - 10th Dec 2016)

**Singing:** Tuesdays 2-3.30pm (9 weeks)  
Jaiia Earthschild  
$135

**Astronomy:** Tuesdays 3.30-4.30pm (9 weeks)  
Brian Keats  
$135

**Sculpture:** Wednesdays 2-4pm  
Adele Fletcher  
12th Oct, 23rd Nov, 30th Nov, 7th Dec (4 weeks)  
$80

**Embryology:** Wednesday 2-3pm  
Viola Hemm  
19th Oct, 26th Oct, 2nd Nov, 9th Nov, 16th Nov (5 weeks)  
$75

**Sacred Geometry - chestahedron unit:**  
Thursdays 2-4pm (9 weeks)  
Brian Keats  
$180

**To enrol:**  
Please email eurythmia.astronomia@gmail.com to express interest in module. Please notify us before the start date that we have enough materials for the subjects available for the day.

**To make a payment:**  
Include your name  
Eurythmia and Astronomia  
Bendigo BSB 633000  Account Number 157518424

**Venue:** Muses Haven, 39 Davies Rd, Lower Snug

**Contact 0466549894 or 0431824120**
Make a Waldorf / Steiner doll at Tarremah
Every Friday
Fairy Wren Playgroup Room
10:30 – 12:30

Doll making course will be held weekly on Fridays at Tarremah, in the Fairy wren playgroup room 10:30 – 12:30.

Starting after the holidays, first Friday of fourth term.

We will start off learning how to make a Waldorf dolls head, then, the style of body made for each doll will be determined by appropriate style of doll for the age of the child for whom it is being made and/or time. Young children may come along, with the expectation being that parent will supervise as required, and assist in making sure all toys are returned to their places at the end of each session.

Cost: materials cost only (varies according to style of doll; tuition is no charge, sponsored by Lyrebird; morning cup of tea by donation.

Bookings are essential: Lyrebird 62311433
1&2 October
12:30-5:30pm

Fairytaile Felt Tapestries

Tarremah Steiner School

Led by Mary Hirsch, Visiting U.S. Artisan

Host: Karin Adams
karin.karinas@gmail.com

Create a fairytale tapestry that measures 46cm wide x 56cm tall

Learn wet and needle felting techniques

Includes a prefelted wool sheet, many exotic wools, three needles, sack to make a felting pad, yarn

Small class size ensures one-on-one mentoring

Enjoy the exhilaration, excitement and love that comes from finding an artistic way to freely express and heal yourself.

A two-day exploration of color, texture, and dimension
Experience the warmth of wool and other fibers
Create something beautiful for your home and loved ones

Kindly register by Sept. 18 Only a few spots left!
www.etsy.com/shop/mimidesign20 scroll down for “Australian Tour”
Healing Heart Babies

1&2 October 9:00am-12:00pm
Tarremah Steiner School

Led by Mary Hirsch, Visiting U.S. Artisan
$200AUD (includes most materials)

Host: Karin Adams
karin.karinadams@gmail.com

Open Your Heart While Creating a Doll to Nurture and Love
Lavender Scented 40cm Heavy Baby

Payments can be made directly to Mary at
*NB prices listed are in Australian currency, as money is translated from US$ on ETSY they may vary a little day to day depending on exchange rate.

Payments can also be made via PAYPAL, paypal to: hirschmj@comcast.net

Course Options:
Doll making: 6 hours over Saturday and Sunday 9:00am to 12:00 both days - $200
Felt tapestry: 10 hours over Saturday and Sunday 12:30pm to 5:30pm both days - $367

There are limited places for one day options:
Wet felting Saturday only 9:00am to 12:00 POA (less than $200)
Dry needle felting Sunday only 9:00am to 12:00 POA (less than $200)

Combined doll and felt both full days - $535

For information contact Karin Adams karin.karinadams@gmail.com

Join us for a day of fulfilling handwork that will result in an heirloom doll to cherish

Make a precious Waldorf-inspired baby that feels life-like, soothes, and heals
You will receive a full baby kit and in-class mentoring

If you would like to select the colors of your choice, kindly register by Sept. 8
www.etsy.com/shop/mimidesign20  scroll down for “Australian Tour”
Courses

Inner Work Path
IN THE LIGHT OF ANTHROPOSOPHY

With Lisa Romero

THE LIVING STAGES OF INNER DEVELOPMENT

The inner work provides accessible insights into the workings of the human soul, outlines its relationship to the spiritual life and shows the way to develop and strengthen our inner capacities through practical exercises, experience, and deep understanding. By building a bridge between the spiritual and the earthly, the unfolding of these soul capacities awakens the consciousness with which to engage and transform our outer lives.

Through a meditative life inner changes take place that evolve our inner capacities and transform our way of being. This workshop will support the various stages of inner development by applying the most useful exercise for each step along the path.

“Every step an individual takes affects the collective development of humanity. The world we experience now is a result of the inner work of past generations. By consciously working to understand and experience our connection to the higher worlds we are more able to fully realise and contribute to the higher unfolding of humankind”

– Lisa Romero

October 14 - 16
Friday 6:30 - 8pm  Saturday & Sunday 9:30am - 2:30pm
Tarremah Steiner School
Huntingfield  Tasmania

$300* (includes lunch)

*For those experiencing financial constraints, the Tasmanian branch of the Anthroposophical Society would like to offer support. Please contact Jane 0438 442 906

FOR BOOKINGS AND ENQUIRIES

e: innerworkpath@gmail.com  p: 02 6684 6147  w: innerworkpath.com
LISA ROMERO is an author of anthroposophical inner development books, a complementary health practitioner and adult educator who has been delivering healthcare and education enriched with anthroposophy for 20 years. From 2006 the primary focus of her work has been on teaching inner development and anthroposophical meditation. Steiner Books has published 3 books. 'The Inner Work Path' which focuses on meditation practice, 'Developing the Self' written after years of working with Waldorf teachers to support their inner work and pedagogical understanding of child development, and 'Living Inner Development' which offers an understanding of the inner experiences and of the results of various exercises.

For several years she was the lecturer for Health & Nutrition and Male/Female studies at the Sydney Rudolf Steiner College. She also designed and facilitated the EduCareDo 'Towards Health and Healing' course which ran 8 year-long courses working with therapists from all modalities as well as Waldorf teachers to bring the depth of anthroposophical insight through practical application of therapeutic and pedagogical methods.

Lisa now lectures and presents courses and retreats for professional and personal development in many anthroposophical communities and Waldorf schools worldwide.

Lisa's capacity to deliver esoteric wisdom with insight and understanding allows her to meet the diverse needs of a range of communities and professions. Essentially, her work springs from the inner work, meditation and exercises, together with a dedication to the path of unfolding consciousness.

"THE CONDITIONS OF ESOTERIC TRAINING"

1. The first condition is that the student should pay heed to the advancement of bodily and spiritual health.
2. The second condition is that the student should feel himself coordinated as a link in the whole of life.
3. The third condition is that the student must work his way upward to the realisation that his thoughts and feelings are as important to the world as his actions. It must be realised that it is equally injurious to hate a fellow being as to strike him.
4. The fourth condition is to acquire the conviction that the real being of man does not lie in his exterior but in his interior.
5. The fifth condition is steadfastness in carrying out a resolution.
6. The sixth condition is the development of a feeling of thankfulness for everything with which man is favoured.
7. All these conditions must be united in a seventh: to regard life unceasingly in the manner demanded by these conditions.

"It should be emphasised that the complete fulfilment of any one of these conditions is not insisted upon, but only the corresponding effort. No one can wholly fulfill them, but everyone can start on the path toward them. It is the effort of will that matters, and the ready disposition to enter upon this path."

Rudolf Steiner  Knowledge of the Higher Worlds and its Attainment (Chapter V)

Please contemplate these thoughts before the course begins.
Building company **In2Construction** began nine years ago when three friends got together and shared a vision for a friendly, reliable, high quality building company. Director Peter Ventieri wanted their first project to be a benchmark for the type of homes In2Construction was to construct.

As a parent of the school, Peter spread the word amongst the Tarremah community. Another parent from the class was in conversation with the award winning Rosevear Architects and In2Construction became involved with the project.

The Smillie families' waterfront home at Coningham was exactly what In2Construction was hoping for. A clean modern designed house with high quality details. Silvana and Michael say the home was of unquestionable quality..."it was delivered according to plan, on time and within budget." The building project went on to win two state awards with the Master Builders Association and HIA Awards for high quality workmanship.

Peter Ventieri: 0400 288 146  
www.in2construction.com.au
Lyrebird Annual October 10% off Christmas Lay-bys Promotion
Each year we provide an opportunity to receive 10% off Xmas orders: Choose and order products, pay 50% as a deposit during October. Orders are available for collection one week before Xmas, balance due is 40% of the total (i.e. 10% off total on collection).

AFTER HOURS SHOPPING:
Appointments can be made to shop on any Wednesday night until 7pm without children. Opportunity to view catalogues, ask questions, and to place orders.

Phone Karin 6231 1433

We are also on FACEBOOK: Lyrebird = Steiner products (FB messages and questions are welcome).
“Jason is simultaneously one of the most present and most endearing people I have ever met. He exudes warmth, love and kindness. Sharing a conversation and healing experience with him feels utterly natural when you are in it. Later, looking back, you realise it was actually a very heightened spiritual experience where a lot was effortlessly shifted and transformed in a short space of time. Despite this, Jason is incredibly humble; during a session he will really tune into you and listen with his whole being, while witnessing you move to a place of more wholeness and light.

I have experienced first hand tangible, physical life-shifting results from only two sessions (thus far) with him. Two ongoing physical patterns that lasted several years, which doctors were unable to assist with, cleared up after the first session. Negativity in relationships has cleared, with some relationships transforming and others leaving my life for now. I can tell the positive ripple effects from these sessions is still continuing through my life and being and I look forward to the adventure of becoming more of my true self through this process.

Thank you, Jason, for being a really welcome part of my path of least resistance. Your light and love, combined with your skill and talent, is a momentous gift to the world. “

Jess, September 2016

Your healing journey is unique and for the best results you require treatment that is crafted for your personal needs.

Call Jason on 0409 046 135 for a free phone consultation to discuss how Energetic Therapies can help you.

Jason Parks
Energetic Therapy Specialist
Ph: 0409 046 135
Email: energyhealingtas@gmail.com

Alicia in class 9 is available Friday and Saturday nights during term time.

Also available on weekends and during school holidays for home supervision with play/art and craft activities.

Alicia has had regular experience looking after and playing with her own nieces and nephews from baby to 9 year old, and kinder to primary school age Tarremah children.

References available

$10 per hour

Text 0458 480 871 or call mum (Karin) 0409 937 705 or 6231 1433
friendship tree day care

Steiner inspired care
Opening Blackmans Bay Term 4
0458 991 466
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friendshiptreedaycare@gmail.com
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ABN: 28 817 867 670
Educator: Rachel Milligan
Registered with Lady Gowrie: Ph. 62 306 806
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$25 - $30 hour

_busy_bee_s_helping_hands_  

General home help  
Gardening  
Decluttering  
Mending, Sewing  
Cleaning  
Dog Walking  

Reasonable rates, concessions available  
Recent Police Check  
References  
Hort III cert
Dr Greg Schwarz

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Appointments: 03 6224 6717 or 0427 243 046

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- Musculo-skeletal issues
- Children's growing issues
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- Recurring illness
- Digestive disturbances
- Anxiety and Depression
- Recovery after illness and trauma